

THE ONLY REQUIREMENT FOR
MEMBERSHIP IS A
DESIRE TO STOP USING.

(o) – Open Meetings are for anyone wishing to experience our fellowship.
(c) – Closed meetings are only for addicts or those who think they may have a drug problem
(ns)- Non-Smoking
(w)- Wheelchair Accessible
(nv) – No Vaping

Other Meetings:

Sunday: 7:00pm (o, ns, nv, w)
St. Mary's Hospital
Forum Room
1800 E. Lake Shore Dr.

Monday: 7:00pm (o, ns, nv, w)
2nd Church of God
Room 10
2670 E. Division St.

Tuesday: 7:00pm (o, ns, nv, w)
235 Orchard St.

Wednesday: 7:00pm (o, ns, nv, w)
420 S. Franklin St.

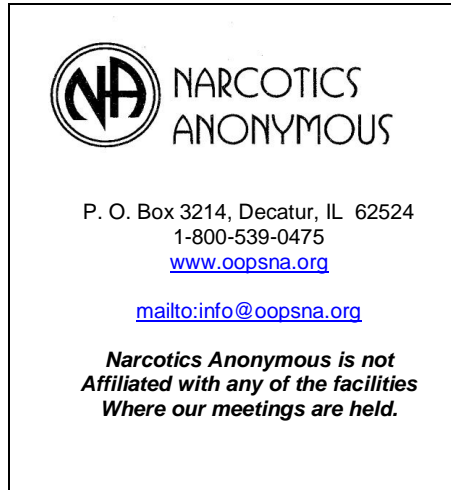
Thursday: 7:00pm (o, ns, nv, w)
235 Orchard St.

Friday: 8:00pm (o, ns, nv, w)
Oasis Day Center
243 W. Cerro Gordo St.

Saturday: 1:00pm (o, ns, nv w)
235 Orchard St.

6:00pm (o, ns, nv, w)
420 S. Franklin St.

9:00pm (o, ns, nv, w)
420 S. Franklin St.



**Just For Today
Living The Program**

Tell Yourself:

JUST FOR TODAY my thoughts will be on my recovery, living and enjoying life with out the use of drugs.

JUST FOR TODAY I will have faith in someone in N.A. who believes in me and wants to help me in my recovery.

JUST FOR TODAY I will have a program, I will try to follow it to the best of my ability.

JUST FOR TODAY through N.A. I will try to get a better prospective on my life.

JUST FOR TODAY I will be unafraid, my thoughts will be on my new associations, people who are not using and who have found a new way of life. So long as I follow that way I have nothing to fear.

